



# Lacrosse In Schools

Richmond Lacrosse Association is excited to offer Lacrosse in Schools  
An introductory program of Lacrosse for K through Grade 7

Each school will receive two complementary - three-hour sessions during your gym time. Each session can accommodate 45 students per two coaches

The program is designed to teach the students in your class and school about Canada's national sport of Lacrosse - the roots of the Indigenous game, history and origins

Richmond Lacrosse aims to introduce the students to the sport and increase registration in Richmond  
Open to all Elementary School Classes



Each Session will Consists of the following training :

- origin of the game
- Scooping the ball
- catching and passing
- Game play
- Team Building
- and much more



To register your school - email [schools@richmondlacrosse.com](mailto:schools@richmondlacrosse.com)

or

Complete the below link

<https://forms.gle/M7iuuc9jB1otoWSc7>

All equipment, promotional material and coaches supplied