



WEEK AT A GLANCE

HOMMA ELEMENTARY SCHOOL

February 2-6, 2026



Monday, Feb 02

Tuesday, Feb 03

Wednesday, Feb 04

Thursday, Feb 05

Friday, Feb 06

3pm - Boys Basketball
Byng @ Homma

3pm - Girls Basketball
Homma @ Westwind

3pm - Girls Basketball
Homma @ Diefenbaker

3pm - Gr. 7 Open Basketball
Homma @ Maple Lane

**Hot Lunch
Pizza**

Important Dates

Feb 09..... Girls Basketball
Feb 10..... Boys Basketball
Feb 11..... Girls Basketball
Feb 12..... Early Dismissal
Feb 13..... Pro D Day - no school
Feb 14..... Family Day - no school

Stay Informed with SchoolMessenger Text Alerts (Opt-In)

Our District uses SchoolMessenger to share important school and district updates, including weather closures, emergency notifications, reminders, and time-sensitive announcements.

All families with a current cell phone number in our MyEdBC database will receive a text message from SchoolMessenger (Text #: 978338) in February 2026. To start receiving text alerts, you will need to opt in.

How to opt in:

- *Watch for a text from SchoolMessenger (Text #: 978338)*
- *Reply with "Y" to 978338*
- *You will receive a confirmation message letting you know you're successfully subscribed*

Want alerts on more than one device?

To receive text alerts on multiple phones, each phone number must opt in separately by replying "Y" to 978338.

**For Emergency Communication, we
encourage you to please opt in
*This is NOT spam***



Gr. 6/7 Basketball Schedule *all games start at 3pm*

Mon, January 19	Girls - Diefenbaker @ Homma
Tue, January 20	Boys - Westwind @ Homma
Wed, January 21	Girls - Westwind @ Homma
Tue, January 27	Girls - Homma @ Westwind
Wed, January 28	Gr.7 Open - Maple Lane @ Homma
Thu, January 29	Boys - Homma @ Diefenbaker
Tue, February 3	Girls - Homma @ Westwind
Tue, February 3	Boys - Byng @ Homma
Wed, February 4	Girls - Homma @ Diefenbaker
Thu, February 5	Gr.7 Open - Homma @ Maple Lane
Mon, February 9	Girls - Homma @ Byng
Tue, February 10	Boys - Homma @ Byng
Wed, February 11	Girls - Byng @ Homma
Thu, February 19	Boys - Diefenbaker @ Homma
Mon, February 23	Gr. 7 Open - Homma @ Diefenbaker
Thu, February 26	Boys - Homma @ Westwind

**Saleema
Noon**
sexual health educators

Homma Parent Session via zoom Wednesday, February 11th at 6:30pm

Zoom link to follow closer to the date.



In Person events for parents and caregivers.

Connect & Learn

In Person Events for Parents and Caregivers in Richmond

Every month, we host free events for parents and caregivers at Richmond Public Library, Brighouse Branch. Join us and other families for a video presentation and discussion facilitated by a Family Peer Support Worker.

January

- Understanding, Supporting and Connecting with Teens with Depression
- Emotion Regulation
- Beyond Behaviours: When is it more? What it looks like at ages 4 to 8 years.

February

- Building Connection with our kids when it feels impossible.
- ADHD - The Real Deal
- Parenting When Anxiety Shows Up As Anger

Free. Registration Required at familysmart.ca/events



Support for parents and caregivers after a mental health crisis.

Help for the Hard Times

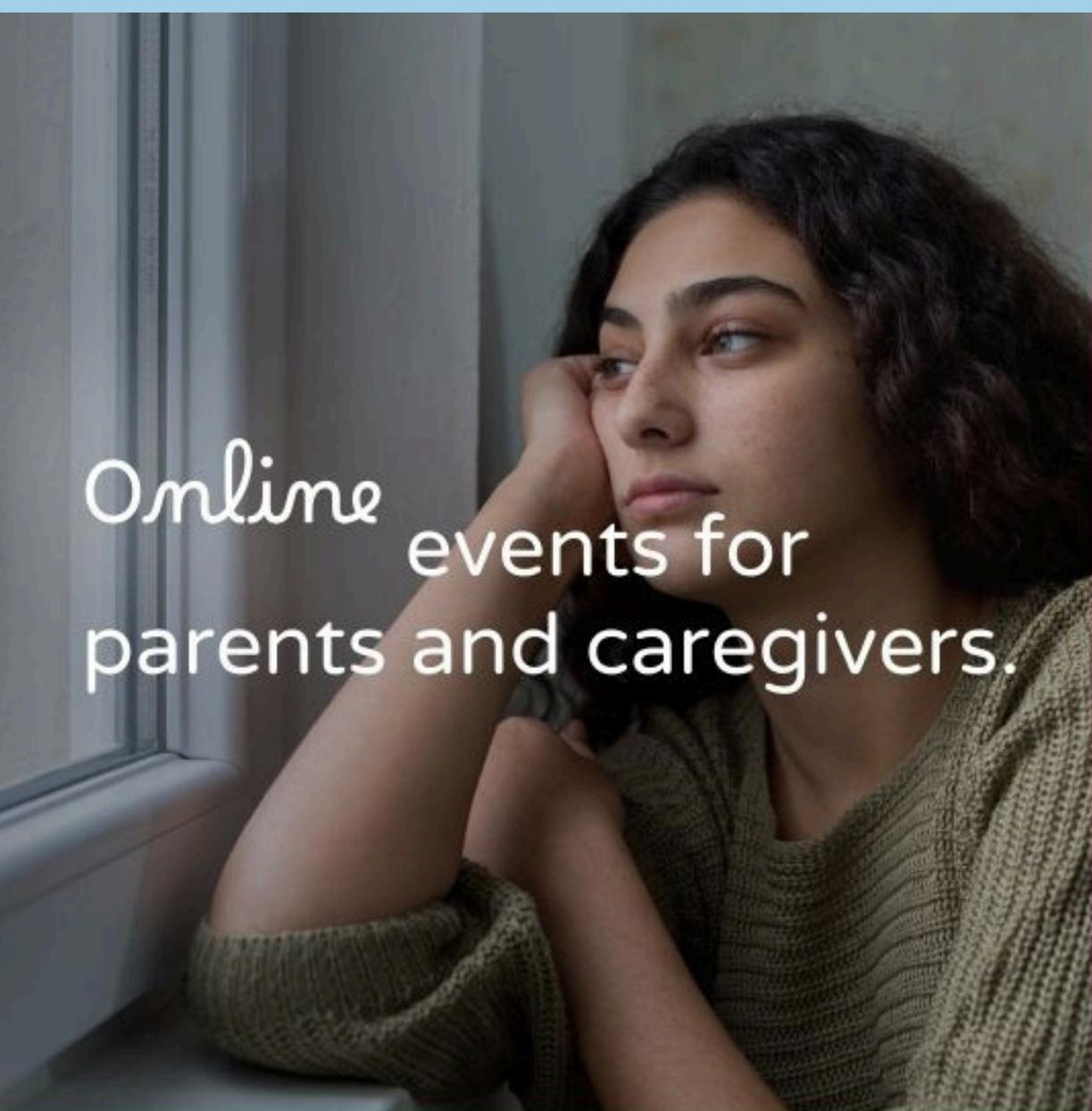
When our kids experience a mental health crisis, it can leave our families feeling overwhelmed, isolated, and unsure of what to do next. Help for the Hard Times is a free, online workshop created by families, for families like ours. We've been there too, and we want to help.

What You'll Learn:

- How to support a safety plan at home
- How to take care of yourself and your family after a crisis
- How to find the resources you need

Free and Online. Registration Required.

Register online at familysmart.ca/workshops



Online events for parents and caregivers.

Connect & Learn

Online Events for Parents and Caregivers who have children or youth struggling with their mental health and/or substance use.

Every month, we host events for parents and caregivers. Join us and other families for a video presentation and discussion facilitated by a Family Peer Support Worker.

January

- Connecting with Our Kids When Anxiety Leads to Social Isolation
- Supporting Safety at Home When Your Child Has a Mental Health Crisis

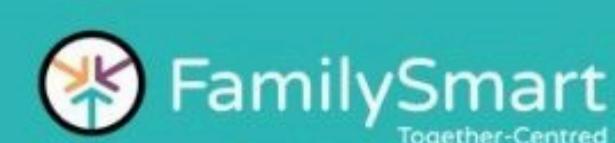
February

- For Families: A Conversation About Eating Disorders
- Mental Health and Preparing for the Transition to Post Secondary

March

- Self-Harm: There is Always Help, There is Always Hope
- Parenting When Anxiety Shows Up As Anger

Free and Online. Registration Required at familysmart.ca/events





SCAN FOR
INFORMATION
AND REGISTRATION

FEBRUARY

7

SATURDAY


CANADIAN
PARENTS
FOR FRENCH
BRITISH COLUMBIA
& YUKON

RICHMOND CHAPTER

FRENCH CREPE

Workshop

SESSIONS START AT 10 AM, 11 AM & 12 PM

CREPE COOKING CLASS IN FRENCH

OPEN TO ALL STUDENTS & FAMILIES | REGISTRATION MANDATORY

ÉCOLE DES NAVIGATEURS 8580 Kilgour Place, Richmond, BC

QUESTIONS? Email cpfrichmond@gmail.com

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As a **Homma parent or guardian**, you are **automatically** a valued member of the **Homma PAC**. If you're eager to contribute more, feel free to reach out by:

- **Email:** contacthommapac@gmail.com
- **Join our WhatsApp group:** [**Homma PAC Parents**](#)

We also invite all parents and guardians to join the [Homma PAC Community](#) on Facebook and follow us on Instagram [@HommaPAC](#), where we regularly share updates and information!

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